

# Jewish Family & Children's Service

## Response to the Current Economic Crisis

### Numbers at a Glance:

**Economic Crisis Line - 781-693-1409**

#### General Information & Referral

Everyone is feeling the effects of the economic crisis, but you don't have to go through this difficult time alone. Financial assistance, emergency food, and crisis therapy are just a few of the more than 35 programs and services we offer that can assist you and your family.



**CJP SeniorDirect - 1-800-980-1982**

#### Free Advice on Caring for Older Adults

CJP SeniorDirect is a free hotline staffed by eldercare professionals from Jewish Family & Children's Service that can connect you and your family with the resources and expert advice you need.

**Disabilities Resource Network – 781-693-5640**

#### Help for People with Disabilities

The Disabilities Resource Network (DRN) is an information and referral service, serving people with disabilities in the Greater Boston area. The goal of the DRN is to help people with disabilities find programs and services within the community that are accessible, and offer opportunities for the fullest level of participation possible.

## JF&CS Programs – We Can Help You

### Family Table

Greater Boston's Kosher food pantry provides healthy, nutritious food on a monthly and emergency basis to individuals and families in need. We are presently serving almost 400 families, providing groceries including staples, fresh produce, dairy and protein rich foods, personal hygiene products, Jewish holiday and ritual items such as challah and Shabbat candles. The program promotes healthy eating by collaborating closely with the JF&CS Nutrition Program.

### Center for Family Assistance

A comprehensive resource for low income individuals and families. To help clients achieve self-sufficiency and meet their basic needs independently, CFA provides education on financial literacy and links clients to services at JF&CS and in the community, including health care, housing, nutrition, legal, employment, educational, and job-training programs.

### Caring Communities Resource Network

Helps synagogues connect and learn from one another by providing training and networking opportunities. Our goal is to help synagogues create and sustain caring communities. We also offer consultation, workshops, and resource materials.

over →

## JF&CS Programs – We Can Help You, continued

### Hunger and Nutrition Initiative

Food \$ense, a project of the Hunger and Nutrition Initiative, is designed to make healthy and budget-friendly eating easier for vulnerable populations. Food \$ense teaches needy and underserved people how to eat healthfully on a limited budget, including food shopping and preparation skills, with a goal of improving their overall health and wellbeing.

### Mental Health Services

Brings a multidisciplinary team of social workers, psychologists, and psychiatrists to assess and treat a range of emotional problems. We conduct a comprehensive evaluation to define the problem and choose the most appropriate treatment intervention.

### Bet Tzedek: Legal Services

We provide access to free civil legal services for low-income individuals through a network of volunteer attorneys and law firms who provide direct legal representation to clients, as well as ancillary legal services.

### Kol Isha: Domestic Violence Program

Kol Isha provides a culturally and religiously sensitive response to Jewish and Russian-speaking survivors of domestic violence or human trafficking. These services include trauma-informed domestic violence counseling, safety planning, court accompaniment, and referrals to other kinds of counseling and assistance. Kol Isha offers educational/awareness raising programs for adults, as well as workshops on healthy relationships and dating violence to teens, parents, and professionals who work with teens.

### Jewish Healing Connections

Ensures that people feel a sense of connection when facing the challenges of illness, loss, or isolation by offering spiritual and communal supports to provide hope, comfort, and wholeness guided by Jewish tradition.

### Your Elder Experts

Helps elders and their families understand and access the complex and often confusing array of community resources available to seniors in the Greater Boston area. Whether for a one-time consultation or ongoing care management, we work with older people, their families, and their caregivers to enhance their quality of life, encourage independence, and provide a safe and supportive living environment. We have specialized programs for both Alzheimer's and Parkinson's disease, as well as for Holocaust survivors.

### Center for Early Relationship Support

The Center for Early Relationship Support is a center of excellence for direct services and consultation that focus on the earliest parent-infant relationship. Programs include free home visits for new parents, support groups, feeding support, and sleep consultations. Baby clothes and supplies (for children up to 24 months) are available to families in need.

### Home Health & Home Care

We provide Medicare-certified Home Health Services for acute and chronic illness, recuperation, and rehabilitation. Our full-service home health agency offers skilled nursing, rehabilitation therapies, medical social work, and home health aides. Staff work collaboratively with physicians who supervise the care of each patient.

**For more information, contact us at 781-693-1409 or [info@jfcsboston.org](mailto:info@jfcsboston.org).**

*JF&CS is the leading provider of comprehensive human services, delivering personalized and integrated care that improves people's lives.*



an agency of

