



## Jewish Family Service of Metrowest

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508-875-3100  
Fax 875-4373  
TTY 875-0615  
[www.jfsmw.org](http://www.jfsmw.org)

### How Can JFS of Metrowest Help You?

**Information and Referral:** Program staff at JFS/MW provides free telephone information about the programs at JFS/MW, as well as referral to a wide range of community resources. Staff has resources and/or information available for parent Education, counseling, emergency funds and other issues families and individuals face. [info@jfsmw.org](mailto:info@jfsmw.org) 508-875-3100 X10

**Economic Crisis Line:** Financial assistance, emergency food, and timely referrals can assist you and your family as you face the effects of the economic crisis. [mwinter@jfsmw.org](mailto:mwinter@jfsmw.org) 508-875-3100 X27

**Lucy and Joe's Pantry:** Named in honor of philanthropist Joe Press and his wife Lucy, this food pantry provides food to frail elders our community to meet basic nutritional needs. In partnership with schools, synagogues and other community agencies, it organizes collection drives and welcomes donations from individuals as well. [mwinter@jfsmw.org](mailto:mwinter@jfsmw.org) 508-875-3100 X27

**"Signature" Homecare:** A private pay concierge service that matches experienced home health providers and certified nursing assistants to families needing more intensive or comprehensive assistance such as live-in, 24 hour care, long blocks of time, companionship, or transportation services. [chanks@jfsmw.org](mailto:chanks@jfsmw.org) 508-875-3100 X23

**Geriatric Care Management:** A Geriatric Care Manager works with elders and their families to coordinate the services that an elder needs in order to live safely and independently or, when that isn't possible, to guide the family through the process of researching and deciding upon the most appropriate residential placement. Services include consultation, assessment, monitoring and implementing an elder's care plan. [mbass@jfsmw.org](mailto:mbass@jfsmw.org) 508-875-3100 X16

**"Classic" Homecare:** Helps frail elders and those with disabilities age successfully and remain independent. Homecare workers provide help with cleaning the house, ambulating, etc. Clients are referred by Baypath Elder Services, Mass Rehab Commission, or through private referrals. [chanks@jfsmw.org](mailto:chanks@jfsmw.org) 508-875-3100 X23

**Counseling:** Social workers counsel elders and caregivers to guide them through loss and change they experience as a result of the aging process. Counseling can help those who suffer from depression, grief, anxiety, cognitive and physical losses, and care giving issues. [mcardani@jfsmw.org](mailto:mcardani@jfsmw.org) 508-875-3100 X17

**Friendly Visitors:** Volunteers visit with frail elders and those who are disabled on a regular basis for an extended period of time, creating a social relationship for those who may feel isolated in the community. [tbader@jfsmw.org](mailto:tbader@jfsmw.org) 508-875-3100 X49

**Adoption:** We are a progressive, full service adoption program offering a range of services to prospective adoptive parents, birth parents, and infants and children throughout Massachusetts, facilitating both domestic and international adoptions. [deldridge@jfsmw.org](mailto:deldridge@jfsmw.org) 508-875-3100 X15

**Continuing Connections –** Services to support adoptive parents after the adoption has taken place. Post adoption support groups and workshops touch upon psychological, educational, and social issues related to adopting a child. [lcarballo@jfsmw.org](mailto:lcarballo@jfsmw.org) 508-875-3100 X42

**Help for Basic Needs:** JFS/MW has its own desk at the South Middlesex Opportunity Council (SMOC) connecting JFS/MW clients and others to local health, education, housing, social services, and emergency help. SMOC is a private nonprofit agency that works with income eligible families in the greater Metrowest and Blackstone Valley Area. [mwinter@jfsmw.org](mailto:mwinter@jfsmw.org) 508-875-3100 X27

If you don't know where to turn or even what question to ask, call Malka Young, LICSW 508-875-3100 x18 or Mindee Meltzer, LCSW 508-875-3100 x 22 and they will make sure you connect to the right person.

