

# Demystifying Shabbat

**Special Shabbat Services held monthly**

**Hosted by Rabbi Barry Starr and Cantor Steven Dress**

*Do you feel intimidated, unsure or left out in synagogue services or at your child's religious school?*

*Would you feel more included in Shabbat services if you were offered friendly and thoughtful guidance and reassurance?*

*Would you feel more comfortable at services if you were introduced to the structure, themes, meaning and congregational responses?*

*Would you appreciate Shabbat opportunities to get to know Rabbi Barry Starr and Cantor Steven Dress and to meet others in a more personal setting than the formal sanctuary service?*

*If you answer "yes" to these questions then please feel welcome to join the Rabbi and Cantor in a small intimate setting where you can ask questions and go at your own pace. After participating in these gatherings, we hope you will be more confident participating during regular Shabbat Services.*

**Location**

Temple Israel of Sharon  
125 Pond Street  
Sharon, MA

**Time**

Saturday mornings, 12/5/09, 1/2/10, 2/6/10, 3/6/10, 4/3/10  
10:30-11:45 a.m. (it is not necessary to attend all sessions)

**Sponsored by the Adult and Family Education Committee of Temple Israel; Contact Susan Cetlin at [scetlin@comcast.net](mailto:scetlin@comcast.net) for more information and registration.**